

Return to Community Netball Roadmap

Stage 2 Risk Assessment

Netball Fitness Activity

**TEMPLATE COVID-19 RISK ASSESSMENT – STAGE 2 RETURN TO COMMUNITY NETBALL**

Further risk assessment templates will be made available for future stages of the Return to Community Netball Roadmap.

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance as well as Stage 2 guidance from England Netball. Netball Organisations should also consider their existing Health & Safety documents alongside this and this should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball’s stage 2 guidance.

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| **Our club name:** | **Our COVID-19 Officer is:** |
| **Name of activity:** | **This activity takes place at :** *Insert Venue* |
| **Who is carrying out this assessment?** | **We will review this risk assessment next on:** |
| **Date of the Risk Assessment** |  |

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| **What are the Risks?** | **Who might they affect?** | **Controls to be put in place** | **Additional Controls to be put in place** | **Who will be responsible to action?** | **When does it need to be actioned by?** | **Is it complete?** |
| **Infection from person to person** | Players, coaches, parents, members of public at venue | Provide clear information to all members of potential COVID-19 symptoms.  All participants must confirm if they are displaying symptoms suggestive of Covid-19 in advance of entering any Netball Fitness Activity.  Name & contact detail of anyone in attendance at all Netball Fitness Activity should be collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles and kept for a minimum of 21 days.  Any individual displaying symptoms is advised to return home, self-isolate and apply for a test online or call 119.  Maximum of 6 in groups.  If multiple groups meet at same location, they must remain separate throughout.  Parents and spectators discouraged. | All participants to be reminded by coaches:  No bodily contact including high fives & hand-shakes.  Perform hand hygiene and sanitise netball prior to any netball activity.  Maintain hand hygiene throughout the session, with a break every 15 minutes to sanitise netball and perform hand hygiene.  Congregating before or after Netball Fitness activity is not permitted.  Maintain social distancing in line with Government guidance throughout a session  Outdoor venues are preferred where facilities and weather permits. Activity should only take place in an area with sufficient space to ensure social distancing. |  |  |  |
| **Infected surfaces around the area** | Players, coaches, volunteers, parents | Identify any likely surfaces to be heavily used e.g. gate entrances  Regular disinfection of such heavily used areas  Ask venue operator to install netball posts if required  Have a COVID-19 bin for disinfectant wipes  Hand sanitiser available within every group and as participants arrive and depart | Minimise the need to touch surfaces if possible e.g. leave open gates  Avoid touching surfaces  Remind participants to maintain good hand hygiene with a break every 15 minutes to sanitise netball and perform hand hygiene. |  |  |  |
| **Infected equipment** | Players & coaches | Encourage players to bring their own ball if possible  Do not use bibs  Water bottles must be the individuals own and any left at end of session should be disposed of  Activities should be for individuals and should not include passing practices  Players should retrieve their own ball | All participants should be informed of limited equipment sharing  All netballs and any other equipment e.g. spots/cones should be sanitised with disinfectant wipes after each session. |  |  |  |
| **Lack of space to maintain social distancing** | Players, coaches | Groups size restricted to 6  If more than one group is used on a netball court, middle third must be kept free  No spectators or parents to be involved in sessions | All attending to be reminded of 2m social distancing and all Government Guidance  Careful selection of venues to ensure sufficient space |  |  |  |
| **Transport to and from sessions** | Players, coaches, volunteers | Car shares should not happen  Participants should avoid using public transport and always follow Government guidance |  |  |  |  |
| **Toilets and changing rooms** | Players, coaches | Work with venue operator and understand their procedures re toilets  Players to come ready to play and use of changing room is not allowed  Hand sanitiser to be available on courts so use of toilets is not needed for hand washing | Ensure players are aware to come prepared to participate fully changed  Ensure if toilets do need to be used, it is only 1 in 1 out.  Signage may be required if toilets are further away  Ensure hands are sanitised regularly |  |  |  |
| **Infection through spectators and other members of the public** | Players, coaches, parents | Parents and spectators not permitted at Netball Fitness activity  Identify a location that isn’t busy  Players and coaches should stay within the groups area and only leave to go to toilet. | During session remind players to stay on court |  |  |  |
| **Increased risk to those with underlying medical conditions or BAME groups** | Those with underlying medical conditions and BAME groups | Ensure those in high risks groups are aware of the risks involved in participating in Netball Fitness activity and have access to the clubs risk assessment  Ensure that all participants have the choice if they would like to attend sessions  No pressure from coaches, club volunteers or other players to join Netball Fitness Activity | Ensure club coaches are fully aware of participants relevant medical conditions and participants have the opportunity to opt out of Netball Fitness activity at any time. |  |  |  |
| **Risk of those returning to Netball Fitness Activity following COVID-19** | Those who have had COVID-19 | Participants to be advised to following the advice of their GP or Consultant |  |  |  |  |
| **Social distancing not possible during first aid or if an injury is sustained** | Players, coaches, volunteers, first aider | First aid to be administered with type IIR surgical face mask and gloves  Hands to be sanitised before and after  Follow guidance as per St Johns Ambulance  Complete accident form  Ensure any waste is disposed of safely |  |  |  |  |
| **Activity and content of session** | Players, coaches | Netball Fitness Activity can only be undertaken.  Ensure all Netball Fitness activity is individual practices or can be completed whilst socially distancing  Practices that involve passing between players not in same household are avoided  No small sided games or activities that involve close contact <2metres are delivered | Inform participants before session of what Netball Fitness Activity is  Remind participants of social distancing during session |  |  |  |
| **Breaches to Government and England Netball guidance** | Players, volunteers, coaches | Information shared with all participants in advance of session to avoid unintentional breaches  Players to be reminded if breach happens  Persistent, intentional breaches to be dealt with via club disciplinary process  Review activities after each session to identify any further adaptions that are required | Clearly communicate to all members expectations and need to comply with Government and England Netball guidance  Ensure all participants are members of club  If activity can not be safely managed; cease the activity. |  |  |  |